

CONTENT

FOREWORD.....	2
ORGANISERS AND SPONSORS	3
CONFERENCE VENUE.....	4
LITHUANIAN PSYCHODRAMA ASSOCIATION	5
IT'S TIME FOR SECRETS	6
THE MEANING AND THE OBJECTIVES OF BALTIC MORENO DAYS	7
DR. JACOB LEVY MORENO	7
FULL PROGRAM.....	8
PROGRAM OF THE PRECONFERENCE	9
LECTURERS FOR THE PRECONFERENCE	10
CONFERENCE	12
INVITED LECTURE	12
FREE TOURS	13
SATURDAY, 20/08/2016.....	14
WORKSHOPS	15
SUNDAY, 21/08/2016.....	19
WORKSHOPS.....	20
VENUE MAP	23
PARTICIPANTS.....	24
NOTES.....	27

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

FOREWORD



I am very happy to welcome you all under my shelter – Kaunas National Drama Theatre – where I am working as an actress for more than 22 years already. I entered the world of psychodrama 12 years ago but my continuous practice and cooperation with psychodrama professionals from all over the world keep enriching and broadening my understanding what a bottomless tool is psychodrama, magical and full of secrets at the same time.

I feel proud and grateful to host this year more than 15 experienced and famous psychodrama professionals from Europe and Australia. I am sure that workshops with them will be a remarkable experience for all of us! I am very glad to see the names of Lithuanian practitioners among them as well.

In Lithuania there is a very popular game called “Secrets” which probably every child has ever played in his/her childhood. The essence of this game is to create a beautiful mosaic from flowers, candy papers, small stones or little leafs under the broken piece of glass, and to hide somewhere in the ground. These mosaics could live hidden for many years unless we dared to open them for our best friends.

Where do you hide your mosaics? Will you dare to uncloset them to someone? The process of discovering ourselves and awakening as fully conscious personalities covers the acknowledgement of our secrets and unspoken parts of our souls. Let this conference be a time for all of us to come closer to them.

Shhh... It's time for secrets...

With love, Daiva Rudokaitė, LPA president

ORGANISING COMMITTEE

Goda Kaniušonytė - Head



Emilija Latėnaitė-Beliauskienė



Gintarė Kazakevičienė



Daiva Rudokaitė

PARTNERS

Kaunas National Drama Theatre



CONFERENCE VENUE

Kaunas National Drama Theatre, Kaunas, Lithuania

KAUNAS NATIONAL DRAMA THEATRE

Laisvės al. 71, Kaunas

An intriguing piece of architecture in the heart of the city. The National Kaunas Drama Theatre has every right to be proud that it has originated the tradition of professional theatre in Lithuania. It is the biggest theatre in Kaunas, and the oldest functioning theatre in Lithuania. This year theatre is celebrating its 96th season.

KAUNAS

Kaunas is Lithuania's second largest city (population 325 000) resting at the confluence of country's two largest rivers, Neris and Nemunas. For centuries it has been smaller than Vilnius, but only a bit, therefore Vilnius vs. Kaunas rivalry is felt everywhere from basketball matches to internet forums.

LITHUANIA

LITHUANIA - EUROPE'S BEST KEPT SECRET

Lithuania is a little country wedged into a corner of the Baltic Sea. It is the largest of the Baltic States, but has the shortest Baltic coastline. Both its land mass (65,303 square kilometers) and population (~3 million) are similar to those of Ireland. Lithuania shares borders with Latvia to the north, Belarus to the south-east, Poland and the Kaliningrad region of the Russian Federation to the southwest. Lithuania has been a member state of the European Un-

LITHUANIAN PSYCHODRAMA ASSOCIATION

Lithuanian Psychodrama Association (LPA) was established in 1999 and exists to promote and encourage the use of psychodrama throughout Lithuania.

By implementing its mission LPA:

- Organizes psychodrama trainings and ensures ethical use of the method among practitioners;

- Spreads information about psychodrama and its applicability in society by organizing psychodrama seminars, conferences and events;

- Unites professionals and provides the space to share and discuss the best practices of psychodrama use.

Training

LPA organizes both 1st (basic) level and 2nd (qualification) level psychodrama trainings. Since 2004, when the first psychodrama training group was certified as psychodrama therapists, LPA has successfully organized 4 groups of the 1st level training and 1 group of the 2nd level training. Trainings are certified by PIfE (Psychodrama Institute for Europe, Berlin) and it ensures the recognition of psychodrama practitioners in Europe. LPA has already certified psychodrama teachers in Lithuania so 1st level trainings are fully led by Lithuanian teachers.

Seminars and conferences

Every year LPA organizes at least 1-2 seminars or conferences with foreign teachers, and 3-4 seminars with Lithuanian professionals. Some of the events have already become a tradition, like international conference “Baltic Moreno Days” which is organized in Lithuania every 6 years since 2004, or international event “Open stage” which is organized every year since 2013. LPA seminars and conferences attract not only Lithuanian psychodrama practitioners but also professionals from other countries and from other fields of work.

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

Memberships

LPA is an institutional member of PifE (Psychodrama Institute for Europe) since 2002. LPA entered PifE with the intention to seek higher level of professional knowledge and to enlarge international relationships with psychodrama professionals all over Europe.

Looking for ways to enlarge training competence LPA entered FEPTO (The Federation of European Psychodrama Training Organizations) in 2012 and continues being an active member since then.

2014 LPA became one of the founders of Lithuanian Psychotherapy Association (LPtA) and actively participates in creating a qualified psychotherapy practice in Lithuania.

Daiva Rudokaitė, psychodrama therapist, psychologist and professional actress, is a president of LPA since 2009. At the moment LPA has **53 members**.

IT'S TIME FOR SECRETS

International conference "Baltic Moreno Days" is organized in Lithuania for the 3rd time already. The first conference "Awakening" (the 3rd Baltic Moreno Days 2004) was organized in Klaipeda and it was about new beginning. Second time the conference "Return & Discover" (the 6th Baltic Moreno days 2010) invited us to return to the past and re-discover ourselves.

This year the topic for Baltic Moreno Days 2016 is suggested by continuity of the process of discovering: in order to fully discover ourselves and awake as fully conscious personalities we have to acknowledge our secrets, decide what we wish to discover and what to leave unspoken. It is said that all secrets and answers are hidden in us. Psychodrama is a key to open the depths of secrets in our souls. We touch them carefully but do we know how to save them? Baltic Moreno Days 2016 invites you to stop and meet your secrets!

THE MEANING AND THE OBJECTIVES OF BALTIC MORENO DAYS

Baltic Moreno Days is an international practical psychodrama conference which is organized every second year in different Baltic countries – Estonia, Latvia or Lithuania. The main objectives of the conference are to share experience, knowledge, new psychodrama methods and to promote the use psychodrama. Baltic Moreno Days is a place where psychodrama professionals from the Baltic countries as well as from other countries all over the world can get together, communicate and share their discoveries. It is also a great opportunity for people willing to know more about psychodrama and its applicability.

- The 1st Moreno Days: “Time” has taken place in Piarnu, Estonia
- The 2nd Moreno Days: “Dream Wind” – Jelgava, Latvia
- The 3rd Moreno Days: “Awakening” – Klaipėda, Lithuania
- The 4th Moreno Days: “Everyday Values” – Tallinn, Estonia
- The 5th Moreno Days: “The Beauty And The Beast” – Valmiera, Latvia
- The 6th Moreno Days: “Return & Discover” – Klaipėda, Lithuania
- The 7th Moreno Days: “Peoples' Stories” – Tallinn, Estonia
- The 8th Moreno Days: “Amber Metamorphosis” – Riga, Latvia

Dr. J.L. Moreno, the founder of psychodrama, stated psychodrama's goal: to make it possible for every person to take part in creating the structure of the universe which "cannot have less an objective than the whole of mankind".

Baltic Moreno days is the space and the time, when experienced psychodramatists, psychodrama beginners and people, who are interested in psychodrama, have opportunity to take part in reaching this goal by exchanging experience or just by being together.

DR. JACOB LEVY MORENO

Jacob Levy Moreno (born Bucharest, Romania, May 18, 1892; died New York, USA, May 14, 1974), founder of Psychodrama, was an Austrian-American leading psychiatrist and psycho sociologist, thinker and educator, a Sephardi Jew, the founder of psychodrama, and the foremost pioneer of group psychotherapy. During his lifetime, he was recognized as one of the leading social scientists.

FULL PROGRAMME

Thursday, 18/08/2016

PRECONFERENCE

09:30-10:00 Registration (for the participants of the preconference)

10:00-17:45 Workshop 1 / Workshop 2

Friday, 19/08/2016

10:00-13:15 Workshop 1 / Workshop 2

CONFERENCE

12:00-14:00 Registration

14:00-15:00 Opening

15:00-16:30 Invited lecture

17:00-19:00 Free tours

19:00-21:00 Social evening

Saturday, 20/08/2016

10:00-10:30 Warming-up

10:30-13:45 Workshops

13:45-15:15 Lunch

15:15-18:30 Workshops

19:15-... Party "In My Secret Life"

Sunday, 21/08/2016

10:00-10:30 Warming-up

10:30-13:45 Workshops

13:45-15:00 Closing the conference

PROGRAMME OF THE PRECONFERENCE

Thursday, 18/08/2016

09:00-10:00	Registration (for the participants of the preconference)
10:00-13:00	W1 / W2
13:00-14:30	Lunch
14:30-16:00	W1/ W2
16:00-16:15	Coffee break (Old theatre courtyard)
16:15-17:45	W1/ W2

Friday, 19/08/2016

10:00-11:30	W1/ W2
11:30-11:45	Coffee break (Old theatre courtyard)
11:30-13:15	W1/ W2

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

WORKSHOP 1

SUE DANIEL (AUSTRALIA)

UNLOCKING THE SECRET: ROLE THEORY AND ROLE TRAINING FOR EVERYDAY LIFE.

Description:

We are often blind to the secret roles hidden within all of us, but we can find ways to nurture and encourage them to grow. This workshop will allow you to find your developed and undeveloped roles, helping to bring them out to use them in positive and productive ways. The potential for role repertoire development is always within us. The more we develop this repertoire, the more we increase our ability to be spontaneous and creative. A healthy and active imagination is at the heart of successful role theory and role training. It brings about lightness, playfulness and an exhilaration that can take us forward.

Presenter:

Sue Daniel is a psychodramatist and a psychotherapist in private practice. She works with individuals, couples and families. She also consults to a variety of organisations. She is the director of the Psychodrama Institute of Melbourne and the founder of the Moreno Psychodrama Society and the Australian and Aotearoa (New Zealand) Board of Psychodrama. Sue is an international trainer, educator and practitioner of psychodrama and she conducts workshops and seminars in communities, institutes and organisations worldwide. Her writing and research on psychodrama is published in books and journals. She loves learning and finding the freshness in the moment.

WORKSHOP 2

JORGE BURMEISTER (SPAIN)

SECRETS: A DANCE BETWEEN LIGHT AND SHADOW

Description:

This workshop will focus on archetypes, symbols and the relevant social practice in families and groups related with secrets. It will reveal the double nature of this universal human feature, its protective and connective aspect on the one hand and its destructive and manipulative aspect on the other hand. We will look on its cross-cultural dimension getting in contact with the meaning of secrets and silence in Japan, in India, for intuit people, gypsy people and for the indigenous people of South-, Central and North America. The main focus of this workshop, however, will help us to explore its significance for our own life. We will use active techniques, imaginary techniques, body work, arts and trans-cultural practices of group work. But please don't talk about it: it's a secret!

Presenter:

Dr. Jorge Burmeister is a psychotherapist, runs training in psychodrama, analytic group and family therapy, Jungian analysis, cognitive behavioral therapy (CBT) and hypnotherapy. He's also a supervisor in psychodrama and CBT. Jorge is the Co-Director of the "Training Institute for Integrative Psychotherapy and CBT" in Switzerland and of the international training center "J. L. and Z. T. Moreno" in Granada. He teaches as invited professor and lecturer on group psychotherapy at various universities in Europe and South America. Jorge is a founding member of the European Federation of Psychodrama (FEPTO). His special interests are trans-cultural psychodrama and psychotherapy, trauma and resilience, group work for communities and organizations, humanism and spirituality.

CONFERENCE

Friday, 19/08/2016

12:00-13:30	Registration
14:00-15:00	Opening
15:00-16:30	Invited lecture
17:00-19:00	Free tours
19:00-...	Social evening

INVITED LECTURE

NORBERT APTER (SWITZERLAND)

SPEAKING OUT SAFELY THE UNSPOKEN IN TEAMS: THE DELAYED DIALOGUE TECHNIQUE

Addressing the unspoken is often an important step towards re-dynamizing a team. Even more: the higher the level of tension in the team, the more the unspoken ends up needing to come out in the open and to be taken into account in a possible conflict resolution. But speaking out the unspoken opens the space to such sensitive - at times tricky- interactions in a team! The most delicate attention must be given to such moments!

Norbert Apter has run - in the last 25 years - a great number of Team Caring, Team Building, and Conflict Resolutions / Mediations with teams. Since the teams have diverse levels of tension (between 0 and 10), he « created » and is successfully using, a technique which can provide a secure opportunity for speaking the unspoken in a team/group... be it « I love working with you ... » or « I have a difficulty with you... » etc. : The Delayed Dialogue technique.

Norbert Apter will share the ins and outs of this technique, as well as how it brings about a relational depth in a team, while strictly remaining in the professional realm.

FREE TOURS

We will offer you three options of specially for this conference created tours “World tree”, they will reveal some of Kaunas secrets.

HEAVEN “Faith and Sin”

Faith and sin always go side by side. Promenade towards the old town will show two sides of the city.

EARTH “Lost City”

Walking through the old streets of the city. Stories that are hiding around the corner and their shadows.
Which is true?

UNDERWORLD “When You Look into Abyss, the Abyss also Looks into You”

Kaunas forts: We are proud of our military experience and achievements, but what they represent in reality?

Lets meet in the lobby of the theatre at 17:00.

SOCIAL EVENING

We will meet after the tours at the confluence of Neris and Nemunas...

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

Saturday, 20/08/2016

- 10:00-10:30 Warming-up
- Inara Erdmanis (Sweden, Latvia)/“THE SECRET NEVER TOLD”
- Eduardo Verdu (Norway)/”SECRET AND LIES”
- 10:30-13:45 Jorge Burmeister (Spain)/”A HISTORY OF SHAME, A HISTORY OF PASSION”
- Jacomien Ilbrink (The Netherlands)/“LIFTING THE VEIL....”
- 13:45-15:15 Lunch
- Albina Kepalaitė (Lithuania)/“WHAT IF ...I WILL OPEN THIS DOOR OR WILL CHOOSE THIS ROAD?”
- Evaldas Karmaza (Lithuania)/“STORIES - HIDDEN AND PROTECTED. HANDLING RESISTANCE WITH CARE AND DIGNITY“
- 15:15-18:30 Norbert Apter (Switzerland)/“TEAMBUILDING BASED ON ACTION METHODS: TRANSFORMING UNADDRESSED TENSIONS INTO RESOURCES”
- Sue Daniel (Australia)/“FINDING, RESTORING AND INTEGRATING THE LINKS WITH OUR ANCESTORS THROUGH PSYCHODRAMA AND ROLE THEORY“
- 19:15-... Party ”In My Secret Life”

WORKSHOPS

INARA ERDMANIS (SWEDEN, LATVIA) **THE SECRET NEVER TOLD**

We all have secrets out of shame or guilt or often respect for others. There are many different kinds of secrets. There are secrets we never ever would share and there are secrets that would be a relief to share and get rid of. The workshop will deal with our way of handling secrets and how they can possibly interfere with our daily life.

Inara born in Riga, Latvia and living in Sweden since the second World-war. Certified and mainly trained by Zerka Moreno (CP 1982) and **TEP** by Nordic Board of Examiners (1995). Supervisor for the European Institute of Psychodrama. Founder and leader of the Latvian Moreno Institute and have given education in Latvia since 1989. Clinical psychologist and certified psychotherapist (by the Swedish State). Trained as Body psychotherapist (teacher and supervisor). Got family training mainly by Satir, Kempler, Kirschenbaum and Gammar.

EDUARDO VERDU (NORWAY) **SECRET AND LIES**

We all have our secrets. Are secrets the same as lies, or do they lead us to lying? Can lies be inherited through generations? Is it true that what we don't know won't harm us? We all have secret thoughts and feelings. Maybe we carry betrayal, abuse or memories that are caused by misunderstandings. I believe this all affects our value systems and therefore influences our lives more than we are aware of. Secrets and lies may lead to lack of confidence, insecurity, fear of intimacy and stuckness. In this workshop we will try to heighten our perception and understanding in the world of secrets and lies so a possible change can come. This workshop is experiential. *Don't use that exotic word ideals. We have a good enough native word: lies. (From The Wild Duck by Henrik Ibsen).*

Eduardo Verdu, T.E.P. Msc and director of the Norwegian Moreno institute in Oslo. He teaches, trains and supervise on levels in psychodrama in Norway as well as throughout Europe where he also is a requested workshop holder and has been holding numerous amount of workshops for more than 20 years. Eduardo is a board member of the Nordic Board of Examiners and vice chairman of Pife as well as holding the chair of the Training and Supervision committee of Pife.

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

JORGE BURMEISTER (SPAIN)

A HISTORY OF SHAME, A HISTORY OF PASSION

In our history secrets often cover the "not speakable", the taboo which once revealed might make damage to our need of feeling "good" or morally "innocent". But it is exactly the conscious working through of the invested pain and the invested shame in those events which frees our passion again and renew our commitment for life. One part of those secrets ("the hidden memory") might be directly expressed by our body or by emotional short cuts. On the other hand our secrets might host traces of archetypical wisdom and the potential to grow.

In this workshop we will learn techniques and procedures 1. How to mobilize and respond to the memory system of our body, our senses and our dreams and 2. How to transform those features of our unconscious into pieces of resilience. We will try to replace the compulsion to repeat by the freedom to remember. We will try to complete the tendency to suffer pain inflicted on us through our past by our choice to insist in our own life and to generate new hope and new light for our future. The theoretical background will embark the inspirational ideas of JL and Z Moreno, CG Jung, D Boadella (Body and Vital energy) and M Seligman (Positive Psychotherapy) who have been my main teachers for the work I am doing in the present.

See p.11 for leader biography.

JACOMIEN ILBRINK (THE NETHERLANDS)

LIFTING THE VEIL....

"If you don't reveal yourself, people will invent you....." Aim of this sociometric workshop is to explore who we are through the eyes of others. Are you being chosen for what you want to be chosen for, or do you need to lift a tip of the veil? And the other way around: what do your personal choices say about you? All of this, of course, will be kept as the best known secret around... Ssst.

Jacomien Ilbrink is a Dutch psychodramatist and creative arts therapist, who was originally trained in America, New York. She has specialised in sociometry and trains internationally on the effective application of sociometry groups and organisations.

www.zinergie.nu Mail: jacomien.ilbrink@gmail.com, <https://>

ALBINA KEPALAITĖ (LITHUANIA)

WHAT IF... I WILL OPEN THIS DOOR OR WILL CHOOSE THIS ROAD?

Each of us is on journey – moving from known to the unknown. Have we courage to open the door or choose the different way on crossroad and meet event that never happened or will never happen? How exploring and expanding this unknown develop us? With what aspects of our beings we will meet or confront? May be it would help us to overcome inertia, to free from ordinary conventions, to light frozen feelings and hopes... May be, but yet it is secret...

Albina Kepalaite - Psychodramatherapist, Psychologist Phd.

EVALDAS KARMAZA (LITHUANIA)

STORIES - HIDDEN AND PROTECTED. HANDLING RESISTANCE WITH CARE AND DIGNITY

People build walls not for themselves. Walls are usually against something to come. Starting from clothes put also to protect body, continuing with lies, hiding true events, creating silence even when someone is knocking the door—this is the path what many start to learn in order to protect. Psychodrama offers many tools that are effective in dealing with people's resistance to disclose their stories and secrets.

This makes psychodramatists quite effective in approaching to the person's hard stories that were supposed not to be told, feelings not to be shown, memories that were supposed to be forgotten. And suddenly on stage, after warm-up or other spontaneous action mother, teenager, father, pupil says more than ever planned to say...

In this workshop we will look why psychodrama is so effective in coming to hidden stories so effectively and quite fast, but sometimes may create damage. We will explore how to come to sensitive secrets with dignity. Additional attention will be paid to cases of working with families or teenagers.

Evaldas Karmaza - Psychodramatist, psychologist, Chairman of PIfE (Psychodrama Institute for Europe). Professional experience in working with schools, legal investigations, teenager's behavior correction groups, family support meetings etc.

These two workshops are an examination of candidate of Certified practitioner at the Norwegian and Latvian Moreno institutes.

It's time for

SECRETS

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

NORBERT APTER (SWITZERLAND)

TEAMBUILDING BASED ON ACTION METHODS: TRANSFORMING UNADDRESSED TENSIONS INTO RE- SOURCES

The TEAMBUILDING addresses a team with a medium level of tension (i.e. 4 to 6 out of 10),) : problems exists, whether they be relational, functional or operational; some people don't speak out; some feel unheard; things don't change... The team needs to address diverse issues, some of them being conflictual, even though the conflicts are not (yet) too strong. Thus, a Teambuilding's overall objectives are: Diminishing the tensions and facilitating a constructive relational climate; Clarifying the team's functioning; Transforming problems;

Elaborating, as a team, renewed perspectives. Some of the expected results are: A substantial improvement of the team's climate of work; The establishment of an action plan for a better functioning; The enhancement of motivation and efficiency.

How to go about it with Moreno's method? This is the question that we will address in this workshop.

SUE DANIEL (AUSTRALIA)

FINDING, RESTORING AND INTEGRATING THE LINKS WITH OUR ANCESTORS THROUGH PSYCHODRAMA AND ROLE THEORY

Imprinted within us all are links to those who have come before. Our ancestors can be a source for our collective stories, dreams and fears. They may also hold the key to understanding some of the obstacles in our lives. For some people, exploring their ancestry may involve confronting painful life experiences; for others it may be about coming to terms with the choices their predecessors made and finding value and meaning from these choices. While some may find that bonds to our past need repairing, others may need to be released and transformed. This journey may uncover useful insights and wisdom, connecting us more deeply with our ancestral roots, inspiring us to move forward. Working with sociometry, psychodrama and role theory and using a range of techniques integrating the ancestral roles that emerge from our process, we will explore our ancestry, place it in a cultural context, and refine the links so that they can become a source of inspiration to our lives.

See p. 10 for leader biography.

Sunday, 21/08/2016

- 10:00-10:30 Warming-up
Ioanna Psalti & Nikolas Anastasiadis (UK, Austria)/“DON’T BLAME IT ON ME”, SAID THE SECRET.
Endel Hango (Estonia)/”THE COMPETENT GENIUS – A SECRET ART OF TRAINING”
- 10:30-13:45 Küllike Lillestik (Estonia)/”SECRETS IN FAMILY AND INVISIBLE LOYALTY: PSYCHODRAMA AND SYSTEMIC FAMILY THERAPY”
Pille Isat, Gerd Nerdal Moen, Reijo Kauppila (Estonia, Norway, Finland)/”HIDDEN INGREDIENTS OF LEARNING IN PSYCHODRAMA”
- 13:45-15:00 Closing the conference

WORKSHOPS

IOANNA PSALTI & NIKOLAS ANASTASIADIS (UK, AUSTRIA) **“DON’T BLAME IT ON ME”, SAID THE SECRET.**

A secret is tied up with both curiosity and the sense of what is right and wrong. Explorations of forbidden areas out of curiosity like the forbidden fruit in the Garden of Eden give rise to secrets within oneself. Sharing a secret results in the formation of a group with a hidden bond, a type of united sister/brotherhood. Secrets are considered destructive as traditionally the holders of the secret are seen to focus on their hidden bond denying the separation from the world they try to avoid.

This workshop will challenge such perceptions and in particular what really separates us from the world: the secret itself? how the secret is held or used? how we define right and wrong? Using a hybrid of psycho- and sociodrama the participants will explore: the independence rising from a united sister/brotherhood where no judgement exists, particularly when curiosity is traded for obedience to society's rules. the function of the hidden bond during the transition period before the secret is revealed; how to manage the 'unknown' special space created by the sharing of the secret.

Nikolas Anastasiadis lives and works in Austria. A passionate, driven clinical psychologist, Nikolas is working as psychotherapist in group and educational settings where he uses psychodrama for personal development and rehabilitation work.

Ioanna Psalti lives and works in the UK. Ioanna is an organisational and strategy advisor. Trained in sociodrama, Ioanna integrates creative action methods to manage diversity and identity issues surfacing in multinational organisations.

Nikolas and Ioanna are both 'professional foreigners' that started the journey from Greece. Kaunas brings them together for a dynamic, explorative and enjoyable workshop.

ENDEL HANGO (ESTONIA)

THE COMPETENT GENIUS – A SECRET ART OF TRAINING

Creative Genius is Moreno's concept of total spontaneous state. In many cases, psychodrama works to train spontaneity, so people are happier, more effective, innovative, etc. The expression "Creative Genius" has gone into masses because the ability to find suitable solutions in new situations and new solutions to old situations is so essential in today's world. Often people think that the creativity and spontaneity just happens, but they are wrong – psychodramatists master the secret art of training spontaneity, which through systemic approach transforms one to become a Competent Genius.

I am the head of Tartu Psychodrama Institute, a trainer and a teacher of psychodrama and playback theatre. I also work in a professional setting with organisations and teams, helping them enhance their creativity and spontaneity. My first education was in psychology and economy. And I love to play with chaos and order, spontaneity and systemic thinking to enhance growth.

KÜLLIKE LILLESTIK (ESTONIA)

SECRETS IN FAMILY AND INVISIBLE LOYALTY: PSYCHODRAMA AND SYSTEMIC FAMILY THERAPY

Family is a system where we belong and it is not possible to cut off or kick out somebody. Yes, it happens, but after that there is a price and there are consequences. Family system is a unity, and all members, alive and dead, born and unborn, are part of it. Everything that is happening is about patterns and order. Can family patterns and problems be passed down through generation as an invisible, unconscious but very real family inheritance? In this workshop I wish to offer you a chance to explore your family system, your place there, and also to investigate the impact of symptoms, dysfunctions and secrets. The workshop is inspired by psychodrama, systemic and multigenerational family therapy, couple therapy and family constellation.

Leading the workshop is Küllike Lillestik, psychodramatist, Certified Practitioner (CP). I studied at Tallinn Psychodrama Institute. I am also systemic family therapist, EFT and IMAGO couple therapist. More details: <http://kyllikelillestik.com/psuhholoog/>

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

PILLE ISAT, GERD NERDAL MOEN, REIJO KAUPPILA
(ESTONIA, NORWAY, FINLAND)

HIDDEN INGREDIENTS OF LEARNING IN PSYCHODRAMA

This workshop is about inspiration and learning in psychodrama: What are internal factors of learning in psychodrama? What makes psychodrama so magically inspiring so that it enables holistic learning?

In the workshop, inspiring elements of psychodrama are explored in a sociometric and sociodramatic process. This is combined with principal concepts of psychodrama and adult learning theories and methods. Some discoveries of Inspirational Pedagogy Network are presented, too.

What is Inspirational Pedagogy Network?

Inspirational Pedagogy is a network of three Morenian Institutes in Estonia, Finland and Norway. The network will describe the pedagogy in training of psychodrama, sociometry and group psychotherapy. This pedagogy is called inspirational pedagogy. The project formulated tacit knowledge of trainers, as well as tools, models and concepts used in their pedagogical approach. The first phase of network lasted from July, 2013, to December, 2014. This was supported by Nordplus Adult.

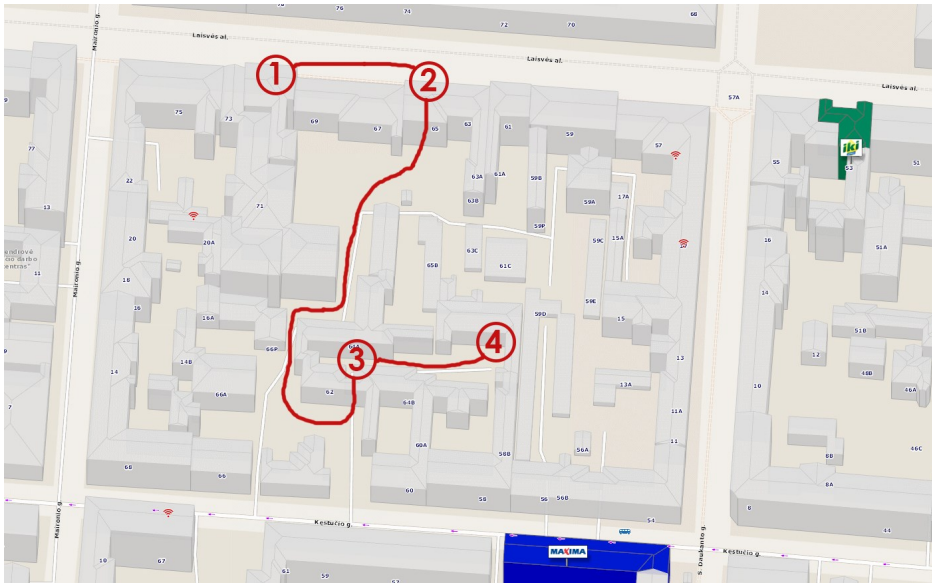
Pille Isat, psychodramatrainner TEP, director and trainer of Tallinn Psychodrama Institute, Estonia

Gerd Nerdal Moen, psychodramatist CP, administrative director and trainer of Moreno Institute Norway

Reijo Kauppila, psychodramatrainner TEP, director and trainer of Helsinki Psychodrama Institute, Finland

Workshop leaders form the steering committee of Inspirational Pedagogy Network.

MAP OF THE TERRITORY



Address:

1. Main entrance to the theatre, Registration, “Ruta hall”, Free tours meeting point
2. Shortcut trough bromine
3. “Tavern hall—Info pont”, “Long hall”
4. “Courtyard 1”, “Courtyard 2”, Old theatre courtyard

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

PARTICIPANTS

1	Adelina	Liaudanskaitė	juodai.guru@gmail.com
2	Agne	Bivainyte	abivainyte@gmail.com
3	Agnė	Vaišvilienė	agne.shumskaite@gmail.com
4	Albina	Kepalaitė	albis2002@yahoo.com
5	Andrius	Kaleinikovas	ak@irs.lt
6	Anna	Byela	a_vsg@mail.ru
7	Annu	Hiltunen	annu.hiltunen@nic.fi
8	Antero	Holma	antero.v.holma@gmail.com
9	Apter	Norbert	norbert.apter@odef.ch
10	Arnolda	Noir	arnolda8@icloud.com
11	Asta	Strigockaitė-Litvinko	asta_strigo@yahoo.com
12	Audra	Bardauskienė	audra.bardauskiene@gmail.com
13	Chaskiel	Nurit	Nurit.c@gmx.de
14	Daiva	Rudokaitė	daiva.rudokaite@gmail.com
15	Daiva	Zaščižinskienė	z.daivai@gmail.com
16	Eduardo	Verdu	everdu@online.no
17	Eeva	Pitkänen	eeva.pitkanen@novetos.fi
18	Elena	Lopukhina	lenlo@mail.ru
19	Emilija	Latėnaitė-Beliauskienė	emilijalatenaitelibiauskieni@gmail.com
20	Endel	Hango	endel@self.ee
21	Epp	Priimägi	epp.priimagi@gmail.com
22	Evaldas	Karmaza	evaldas.karmaza@gmail.com
23	Gediminas	Milinis	mcedonas@yahoo.com
24	Gerd Nerdal	Moen	ger-nm@online.no
25	Gerli	Heinlaid	gerli.heinlaid@gmail.com
26	Gintare	Kazakevičienė	gysius@gmail.com
27	Goda	Kaniušonytė	godakan@gmail.com
28	Hanna	Lemmetyinen	hanna.lemmetyinen@gmail.com
29	Heikki	Törmä	tormi@mac.com
30	Inara	Erdmanis	ina.erd@bredband.net
31	Inga	Truskauskaitė-Kunevičienė	inga@gebu.lt
32	Inga	Norkutė-Mueck	ingano@gmail.com
33	Ioanna	Psalti	startrike@btinternet.com

34	Irena	Shmak	Iszmak@mail.ru
35	Irene	Kadu	irene.kadu@vaimnetervis.ee
36	Iryna	Serhiienko	psy.drama.dialog@gmail.com
37	Iryna	Avramenko	avramenko4@gmail.com
38	Isat	Pille	pille.isat@morenokeskus.ee
39	Jacomien	Ilbrink	Jacomien.ilbrink@gmail.com
40	Jan	Pilotti	pilotti.jan@telia.com
41	Jasna	Solarovic	jasna.solarovic@guest.arnes.si
42	Jelena	Pankova	e_pankova@mail.ru
43	Jolanta	Baltina	jolanta.baltina@gmail.com
44	Jolanta	Sondaite	jsondait@mruni.eu
45	Jorge	Burmeister	bulmonte21@bluewin.ch
46	Jovita	Žibūdaite	jovita.zibudaite@gmail.com
47	Juuli	Laanemets	juulilaanemets@hotmail.com
48	Kaija	Parviainen	kaija.parviainen@kolumbus.fi
49	Kaminat	Kasimova	k.kaminat@gmail.com
50	Karin	Hango	self@self.ee
51	Katrin	Roosileht	katrin.roosileht@gmail.com
52	Kestutis	Mikolajunas	kestutiz@gmail.com
53	Kirsikka	Soikkeli	kirsikka.soikkeli@ely-keskus.fi
54	Kraemer	Uli	ulikraemer@gmx.de
55	Kristina	Dulinskiene	dulinska_kriste@yahoo.com
56	Kristina	Savickytė - Damanskienė	k.savickyte@gmail.com
57	Kristina	Seliutienė	selistina@gmail.com
58	Küllike	Lillestik	klillestik@gmail.com
59	Lars	Tauvon	lars.tauvon@gmail.com
60	Larysa	Piddubna	avramenko4@gmail.com
61	Lina	Linkė	traviosa@gmail.com
62	Linda Renate	Campbell	lindahjem@outlook.com
63	Maarja	Kaplinski	mkaplinski@gmail.com
64	Maire	Toijanen	maire.toijanen@toimintapuu.fi
65	Manfred	Jannicke	4jannickes@gmx.net
66	Mantautas	Vegys	m.vegys@gmail.com
67	Marina	Mažionienė	marisa84@mail.ru

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

68	Martha	Llanos	marthallanos@hotmail.com
69	Michael	Borremose	Michael@Borremose.com
70	Monika	Meilutė	monikaiziz.meilute@gmail.com
71	Monika	Misevičė	monika.jakaite@gmail.com
72	Natalija	Jegorova-Marčenkienė	natalija.jm@gmail.com
73	Neringa	Staniunaitytė	staniunaityte@gmail.com
74	Nikolas	Anastasiadis	nikolas@anastasiadis.at
75	Olga	Moskovtseva	olmo.psychodrama@gmail.com
76	Reijo	Kauppila	reijo.kauppila@muutosvalmennus.fi
77	Rima	Kratavičienė	krarima@yahoo.com
78	Rita	Kazanavičiūtė	ritakazanaviciute@splius.lt
79	Rūta	Amilevičienė	ruta.pagareckaite@gmail.com
80	Rūta	Janulevičienė	ruth_ta@yahoo.com
81	Sofia	Thoresdotter	sofia.thoresdotter@gmail.com
82	Sue	Daniel	suedan@netspace.net.au
83	Terhi	Ogbeide	terhi.aaltonen-ogbeide@fi.fujitsu.com
84	Tine Sofie	Stensland	tinstens@online.no
85	Toma	Juciute	toma.juciute@gmail.com
86	Ugis	Seglins	ugis_s@inbox.lv
87	Vahur	Murutar	self@self.ee
88	Vaida	Matusevičiūtė	sachrazada@gmail.com
89	Venita	Dave	venitadave@gmail.com
90	Vida	Lipskytė	vida.lipskyte@gmail.com
91	Vida	Kaleinikoviene	vida@irs.lt
92	Viktorija	Vaišvilaitė	vaisvilaite.v@gmail.com
93	Viktoriya	Kysilenko	oraxa@yandex.ru
94	Violeta	Rimkeviciene	violeta.rimkeviciene@leu.lt
95	Wittmann	Johanna	johanna.k.wittmann@gmx.de
96	Yevgenia	Fedorova	fedorovaeg@gmail.com
97	Yulia	Pustynnikova	pustynnikova@yandex.ru

NOTES

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

It's time for **SECRETS**

9th Baltic Morena Days
19th-21st August 2016, Kaunas, Lithuania

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

It's time for **SECRETS**

9th Baltic Morena Days
19th-21st August 2016, Kaunas, Lithuania

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

It's time for
SECRETS

9th Baltic Morena Days
19th-21st August 2016, Kaunas, Lithuania

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

It's time for **SECRETS**

9th Baltic Morena Days
19th-21st August 2016, Kaunas, Lithuania

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

It's time for **SECRETS**

9th Baltic Morena Days
19th-21st August 2016, Kaunas, Lithuania

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania

It's time for **SECRETS**

9th Baltic Morena Days
19th-21st August 2016, Kaunas, Lithuania

It's time for **SECRETS**

9th Baltic Moreno Days
19th-21st August 2016, Kaunas, Lithuania