

# WELCOME

## to the **Baltic Moreno Day Conference!**

There we will reveal the magic of dreams.



A DREAM  
WITHIN  
A DREAM

**Let's meet 21.08.2020.–23.08.2020 in Latvia, Jelgava.**

Follow the information on [www.psihodrama.lv](http://www.psihodrama.lv) and our FB page

21.08.2020



### **Topic for the Lecture by Clark Baim: "Dreaming of Safety and Connection: Integrating Psychodrama and Attachment Theory in the Theatre of Dreams".**

This talk will focus on developments in contemporary attachment theory and the ways in which attachment theory can be integrated with psychodrama in order to enhance the clinical effectiveness of the method and the purposeful adaptation of techniques. Clark Baim will also discuss and demonstrate how psychodrama can be used to work with people's dreams and how dreams may offer clues regarding attachment needs, unfulfilled longings, and unfinished business with our attachment figures. We will have the chance to ask ourselves, 'Who or what am I attached to? And how does this influence my dreams?'

In addressing attachment theory, Clark will focus most specifically Dr Patricia Crittenden's Dynamic-Maturational Model (DMM) of Attachment and Adaptation. Attachment theory is a foundational theory for psychological therapies. It can help us to understand the development of psycho-social difficulties, mental illness, offending behaviour, self-harming behaviour, substance misuse, family violence and problems in relationships. In this talk, Clark Baim will present the DMM as a theory for understanding human adaptation and psychopathology. The talk will be based on Clark Baim's chapter entitled 'Integrating Psychodrama with Attachment Theory: Implications for Practice' in the book *Empowering Therapeutic Practice: Integrating Psychodrama Into Other Therapies*, edited by Paul Holmes, Mark Farrall and Kate Kirk (2014, Jessica Kingsley Publishers).

22.08.2020

# The 5 Greatest Dreams and Their Tellers



## Joseph and his amazing Technicolor dreamcoat Dreaming the world into being with Dynamic Theatre

### Mark Wentworth

Global Colour Ambassador M. Wentworth has been studying and working with colour for over 30 years. He is the creator of the Colour PsychoDynamic method and Co-creator of Dynamic Theatre, both integrating the archetypal and visionary worlds of Carl Jung and the inspirational methods of J.L. Moreno. Mark is based in the UK as well as working across eleven countries worldwide.

In understanding and liberating ourselves from outdated beliefs and stories we have the opportunity to welcome and greet our future dreams as new friends and supportive allies.

## All about sexuality and intimate relations

### Arşaluys Kayır

Em.Prof.Dr.Arşaluys Kayır is a clinical psychologist, sexual therapist, psychodramatist, a faculty member at Istanbul University Medical School Dept.of Psychiatry and Okan University Dept.of Psychology teaching psychodrama for master students.



She is one of the first trainers supervisor and founding member at Sexual Education Treatment and Research Association (CETAD) and Dr.Abdülkadir Özbek Psychodrama Institute.

She has developed a university hospital model by combining sex therapy techniques with group therapy and psychodrama aiming treatment and training of the psychiatry residents at the same time. Most of her publishings are about the group therapy processes of sexual treatments mainly vaginismus.

She is an international trainer and workshop leader on sexuality, sexual therapy and psychodrama. She has been a FEPTO council member chair of the ethics committee and currently as an advisory board member.

## Dream Your Team

### Norbert Apter (Harvard M.Ed.)

Director of Institut ODeF since 1994, Norbert Apter is an international trainer and certified trainer for trainers who has worked in more than 20 countries. Specialist of groups / teams, and of Action Methods developed by J.L. Moreno, he has facilitated numerous teams in their use of Collective Intelligence for the development of their collaborative competences, their problem solving and their conflicts transformation.



### Endel Hango

Endel is co-leading Tartu Psychodrama Institute, is T.E.P (by NBBE), Accredited Playback Theatre Trainer (by CPBT), a Certified Coach and a Supervisor (by ANSE), an adult educator and a social skills trainer, organisational consultant (by Estonian Qualifications Authority). Endel works with teams since 2002, both in Estonia and internationally.

## „The words of the father“

### Per Henriksson

I am a youth and child psychiatrist. TEP of psychodrama. Teacher at Moreno institute from 1993-2000 and created swedish psychodrama school with Kerstin Jurdell the same year where I worked until 2010.



Have a broad experience of supervision in social institutions and also religious institutions.

Work with 1-1 sessions with patients in trauma situations.

Director of Dynamic theatre.

Practitioner of systemic rituals ( a blend of family constellations and shamanism).

## Realising Dreams of a Better World

### Kate Bradshaw Tavon TEP

migrated from UK to Sweden 1989 – Reg. Psychotherapist, a Psychodramatist, Group analyst and Cert. EMDR Therapist, works in Private Practice in Stockholm and teaches internationally.

Former IAGP President. Co-founder of the Stockholm Group Conference for Social Issues (SOCI) founded in 1996 on the basis of a growing awareness of social and political changes that undermine self-evident human rights and obstruct social and psychotherapeutic work.

